



Celebrate

Senior Health & Fitness Day
at the NRH Senior Center

Health Fair

Don't miss your chance to connect with over 40 providers in our community regarding physical, mental and financial tools, screenings and knowledge.

Wednesday, May 27, 2026
10 AM - 1 PM

the Grand Hall
6000 Hawk Ave.
North Richland Hills, TX
76180



Door Prize Drawings
throughout event

Geared for Senior Adults
but OPEN to ALL

See website for a list of confirmed vendors

NRH
SENIOR CENTER
(817) 427-6695
nrhseniorcenter.com