

Please circle residency  
Resident of NRH      Non-resident

## May 2024 Registration Form

Name: \_\_\_\_\_

Forms need to be returned by 5pm on Thursday, April 25 to be placed in lottery. Payment for programs will be accepted from 8am on Monday, April 29 until Tuesday, April 30 at 5pm. Self Spouse

Date	Activity	Time	Cost	Code	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Wed/May 1	Wellness Seminar <i>Your Inner Child</i>	10:30am		21176		
Wed/May 1	How Do You Know What You Don't Know? <b>Nations Insurance</b>	11:30am		21177		
Thur/May 2	Texas Rangers vs Washington Nationals	12:00pm	\$39	21178		
Thur/May 2	Bingo with <b>Ashford Insurance</b>	2:00pm		21179		
Thur/May 3	Just Keep Stretching with Julie (30 mins)	11:30am		21180		
Mon/May 6	Trail Trek: Dr. Pillow Park	10:00am		21181		
Mon/May 6	Birthday Party: <b>Roberts&amp;Martinez Funeral Home</b>	2:00pm		21182		
Tues/May 7	Volunteer at NRH AARC – limited space	1:00pm		21183		
Wed/May 8	You're Never Too Old to Play in the Dirt@ Master Garden	9:30am	\$10	21184		
Wed/May 8	Bingo with <b>Ashford Insurance</b>	10:30am		21185		
Thur/May 9	Winstar	9:00am	\$15	21186		
Thur/May 9	Support Group	1:00pm		21187		
Fri/May 10	Book Club-Becoming Mrs Lewis by P Callahan	10:30am		21188		
Fri/May 10	Lunch & Learn-Avoiding & Reporting Senior Scams-Financial Exploitation Prevention Center	11:45am		21189		
Fri/May 10	Jenn's Shenanigans – The NRHSC Era Bracelets	3:00pm	\$10	21190		
Mon/May 13	Barfield Golf Cart-meets at Cross Timbers Park	1:00pm		21191		
Mon/May 13	Nat'l Apple Pie Day – <b>Encompass Health</b>	2:00pm		21192		
Tues/May 14	Benihana - Lunch Bunch	10:30am	\$11	21193		
Wed/May 15	May Luncheon <b>Premiere Senior Advisors &amp; Centerwell</b>	11:00am		21194		
Thur/May 16	Picnic in the Park – Northfield Park Food Provided	11:00am		21195		
Fri/May 17	LRC Tournament <b>Edward Jones</b>	3:00pm		21196		
Fri/May 17	Senior Night at Sounds of Spring! @City Hall	7:00pm				
Mon/May 20	Trail Trek: Walker's Creek Park	10:00am		21197		
Mon/May 20	National Quiche Lorraine Day <b>Healing Hands</b>	2:00pm		21198		
Tues/May 21	Cup of Soup <b>Green Valley Healthcare</b>	11:30am		21199		
Wed/May 22	Estate Planning 101 <b>McGee Law Firm</b>	10:30am		21200		
Thur/May 23	Bingo with <b>Ashford Insurance</b>	2:00pm		21201		
Fri/May 24	Jazzminton	3:00pm		21202		
Tues/May 28	Nat'l Hamburger Day <b>North Hills Chiropractic</b>	12:00pm		21203		
Fri/May 31	Chair Volleyball	3:00pm		21204		
May	May Donation		\$5	20510		
Mon & Wed	Silver Sneakers Class: Please Check One <input type="checkbox"/> I need to pay for class <input type="checkbox"/> Insurance pays for Silver Sneakers	8:30am	\$15	20521		

