



Please circle residency

Resident of NRH Non-resident

October 2022 Registration Form

Name: _____

Forms need to be returned by 5pm on Tuesday, September 27 to be placed in lottery. Payment for programs will be accepted from 8am on Thursday, September 29 until Friday, September 30 at 5pm.

Self Spouse

Date	Activity	Time	Cost	Code	<input type="checkbox"/>	<input type="checkbox"/>
Mon/Oct 3	Ikea Lunch and Shopping	9:15am	\$10	17710	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mon/Oct 3	Card Making – \$5 ATTACHED	10:00am		17711		
Tues/Oct 4	Cinnamon Roll Day – Watermere @ Preserve	10:00am		17712		
Wed/Oct 5	Wellness Seminar High vs Low Blood Pressure	10:30am		17713		
Wed/Oct 5	RX Drug Safe Storage – SOAR	3:30pm		17714		
Thurs/Oct 6	State Fair of Texas	9:00am	\$17	17715		
Thurs/Oct 6	Bingo with United Healthcare	2:00pm		17716		
Fri/Oct 7	World Smile Day – Texas Rehab of Keller	10:00am		17717		
Fri/Oct 7	Book Club	10:30am		17718		
Fri/Oct 7	Smart Phone Q&A	11:00am		17719		
Fri/Oct 7	Jenn’s Shenanigans- Trick or Treat Surprise	2:00pm	\$10	17720		
Mon/Oct 10	Card Making – \$5 ATTACHED	10:00am		17721		
Mon/Oct 10	World Health Day – Village Medical	10:00am		17722		
Tues/Oct 11	Widowed Persons Brunch Nations Insurance	10:30am		17723		
Wed/Oct 12	Bingo with United Healthcare	10:30am		17724		
Thurs/Oct 13	Support Group	1:30pm		17725		
Thurs/Oct 13	Blood Pressure Check – Trinity Home Health	2:00pm		17726		
Fri/Oct 14	Nat’l Dessert Day – Atria Senior Living	2:00pm		17727		
Mon/Oct 17	Card Making – \$5 ATTACHED	10:00am		17728		
Mon/Oct 17	Nat’l Pasta Day – Healing Hands	2,00pm		17729		
Tues/Oct 18	ABCDs of Medicare – Suzi McAlpine	10:00am		17730		
Wed/Oct 19	Halloween Costume Contest & Luncheon Nations Insurance	11:00am		17731		
Thurs/Oct 20	AARP Smart DriverTEK	10:00am		17732		
Fri/Oct 21	Coffee & Conversation C21 Michelle Appling	9:30am		17733		
Fri/Oct 21	Bunco Tournament – Humana	3:00pm		17734		
Mon/Oct 24	Card Making – \$5 ATTACHED	10:00am		17735		
Mon/Oct 24	Nat’l Food Day – Reliant at Home	2:00pm		17736		
Tues/Oct 25	Cup of Soup – Green Valley Healthcare	11:30am		17737		

***** Much More on Back of Page! *****

Wed/Oct 26	Bingo with United HealthCare	10:30am		17738		
Wed/Oct 26	Nat'l Pumpkin Day – Sharon Fiffik KW	2:00pm		17739		
Fri/Oct 28	Chair Volleyball	3:00pm		17740		
Mon/Oct 31	Card Making – \$5 ATTACHED	10:00am		17741		
Mon/Oct 31	Halloween Happenings!!!	2:00pm		17742		
October	October Donation		\$5	16156		
Mon & Wed	Silver Sneakers: Please Check One <input type="checkbox"/> I need to pay for class <input type="checkbox"/> Insurance pays for Silver Sneakers	8:30am	\$15	16144		

***** Register for Monthly Classes now! *****

Date	Activity	Time	Cost	Code		
Mon/Tues	Mahjong	9:00am		17743		
Monday	Crafty Quilters	9:30am		17744		
Monday	Dominoes (42)	10:00am		17745		
Monday	Woodcarvers	1:00pm		17746		
Monday	High Beginner/Improver Line Dance	1:00pm		17747		
Monday	Beginning Line Dance	3:30pm		17748		
Tues/Fri	Pinochle	8:00am		17749		
Tues/Fri	Just Keep Movin'	8:30am		17750		
Tuesday	Knitwits (Knitters and Crocheters)	10:00am		17751		
Tuesday	Tai Chi	11:00am		17752		
Tuesday	NRH Singers	12:30pm		17753		
Tuesday	Painting	1:00pm		17754		
Tuesday	Brazilian Embroidery	1:00pm		17755		
Tuesday	Yoga/Pilates	2:00pm		17756		
Tues/Thurs	Chair Yoga	3:30pm		17757		
Wednesday	Drawing	9:00am		17758		
Wed/Fri	Light & Lively	9:30am		17759		
Wed	Senior Art Class by Arts Council Northeast	9:30am		17760		
Wednesday	Jam Session	1:00pm		Walk In		
Thursday	Bridge Room 8:30am to 12:00pm	8:30am		17761		
Thursday	Guitar	9:00am		17762		
Thursday	Dominos (Mexican Train)	9:00am		17763		
Thursday	Yoga with Connie	12:30pm		17764		
Thursday	Painting	1:00pm		17765		
Friday	Spanish 1 (Verbs)	10:30am		17766		
Friday	Yoga/Pilates	10:30am		17767		
Friday	Write Your Own Story (2 nd & 4 th Fridays)	11:00am		17768		
Friday	99 (Card Game)	1:00pm		17769		
Friday	Intermediate Line Dance	1:00pm		17770		

Classes that are registering now will be good for October, November and December 2022.